



MORMON TRAIL ELEM & JR HIGH
MORMON TRAIL HIGH SCHOOL MENU



Monday Tuesday Wednesday Thursday Friday

1 FRENCH TOAST STICKS 3 STICKS = 1MM & 1.5 GR JUICE 1/2 C PANCAKE SYRUP	2 MINI PANCAKES= 2GR JUICE 1/2 C FRUIT 1/2 C PANCAKE SYRUP	3 B.E.C. = 1.25MM & 2GR JUICE 1/2C FRUIT 1/2C KETCHUP	4 CHEESE OMLET = 2MM TOAST = 1GR JUICE 1/2C KETCHUP JELLY	5 CEREAL = 1GR FRUIT 1/2C JUICE 1/2 C JELLY NO CLASS FRIDAY
8 CEREAL= 1 GR TOAST = 1GR JUICE 1/2C JELLY	9 MINI BITES 3 =1MM & 1GR JUICE 1/2C FRUIT 1/2C PANCAKE SYRUP	10 COFFEE CAKE = 1.75 GR JUICE 1/2 C FRUIT 1/2 C	11 BREAKFAST WRAP = 1MM & 1GR JUICE 1/2C FRUIT 1/2 C	12 POP TARTS = 1GR FRUIT 1/2C JUICE 1/2 C NO CLASS FRIDAY
15 NO SCHOOL	16 NO SCHOOL	17 NO SCHOOL	18 NO SCHOOL	19 NO SCHOOL
22 CEREAL = 1 GR TOAST= 1 GR JUICE 1/2C	23 BREAKFAST PIZZA = 1MM & 1.5 GR JUICE 1/2 C FRUIT 1/2 C	24 CHEESE OMLET 1= 2MM TOAST 1SL = 1GR JUICE 1/2 C JELLY KETCHUP	25 MINI BAGELS 1= 2GR JUICE 1/2 C FRUIT 1/2 C	26 MINI LOAF = 1GR JUICE 1/2 C FRUIT 1/2 C NO CLASS FRIDAY
29 BREAKFAST SANDWICH = 1.5MM & 2GR JUICE 1/2 C FRUIT 1/2 C	30 MINI WAFFLES = 2GR JUICE 1/2 C FRUIT 1/2 C PANCAKE SYRUP	31 LONG JOHN = 2GR JUICE 1/2 C FRUIT 1/2 C	MILK OFFERED WITH ALL MEALS	
				THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

