



MORMON TRAIL HIGH SCHOOL MENU

Monday	Tuesday	Wednesday	Thursday	Friday
ALL MENUS SUBJECT TO CHANGE			<sup>1</sup> CHICKEN NUGGETS = 2MM & 2WG FRESH VEGGIES 1 C FRUIT 1 C BREAD = 1WG RANCH MARGARINE MILK BARBECUE SAUCE	<sup>2</sup>
<sup>5</sup> NO SCHOOL	<sup>6</sup> HAMBALLS = 2MM AU GRATIN POTATOES 1/2C FRESH VEGGIES 1C FRUIT 1 C ROLL = 2WG MARGARINE MILK	<sup>7</sup> SAINT'S BURGER = 2MM & 2WG FRESH VEGGIES 1 C FRUIT 1 C KETCHUP RANCH MILK	<sup>8</sup> HOT DOG = 2MM & 2WG BAKED BEANS 1/2 C FRESH VEGGIES 1 C FRUIT 1C KETCHUP RANCH MILK	<sup>9</sup>
<sup>12</sup> MR. RIB = 2MM & 2WG BAKED BEANS 1/2C FRESH VEGGIES 1C FRUIT 1C BARBECUE SAUCE RANCH MILK	<sup>13</sup> ORANGE CHICKEN = 2MM BROWN RICE 1/2 C ROLL = 2WG FRESH VEGGIES 1C FRUIT 1C MARGARINE RANCH MILK	<sup>14</sup> PULLED PORK SANDWICH = 2MM & 2WG CORN 1/2 C FRESH VEGGIES 1C FRUIT 1C RANCH BARBECUE SAUCE MILK	<sup>15</sup> PIZZA = 2MM & 2WG FRESH VEGGIES 1C FRUIT 1C RANCH MILK	<sup>16</sup> P&J SANDWICH IMM & 1WG CHEESE STICK FRESH VEGGIES 1C FRUIT 1 C RANCH MILK
<sup>19</sup> CHICKEN SANDWICH = 2MM & 3WG FRENCH FRIES 1/2 C FRESH VEGGIES 1C FRUIT 1C KETCHUP RANCH MAYONNAISE MILK	<sup>20</sup> MEATBALL SUB = 2MM & 2WG FRESH VEGGIES 1C FRUIT 1 C RANCH MILK	<sup>21</sup> WALKING TACO = 2MM & 1WG REFRIED BEANS 1/2 C BREAD = 1 WG FRESH VEGGIES 1C FRUIT 1C RANCH SALSA JELLY	<sup>22</sup> CHICKEN -N- NOODLES 1C = 2MM & 1 WG MASHED POTATOES 1/2 C ROLL = 2WG FRESH VEGGIES 1C FRUIT 1 C JELLY RANCH MILK	<sup>23</sup>
<sup>26</sup> CHEESE STUFFED BREADSTICKS = 2MM & 2WG FRESH VEGGIES 1C FRUIT 1 C SPAG. SAUCE DIP 1/4 C RANCH MILK	<sup>27</sup> COUNTRY FRIED STEAK = 2MM & 1WG MASHED POTATOES 1/2 C COUNTRY GRAVY 1/4 C ROLL = 2WG FRESH VEGGIES 1 C FRUIT 1 C RANCH JELLY MILK	<sup>28</sup> CHICKEN NUGGETS = 2MM & 1WG FRENCH FRIES 1/2C FRESH VEGGIES 1C FRUIT 1C BREAD = 1WG JELLY RANCH KETCHUP BARBECUE SAUCE	<sup>29</sup> SPAGHETTI 3/4 C = 2MM & 1WG GARLIC TOAST = 1WG GARBANZO BEANS 1/2 C FRESH VEGGIES 1 C FRUIT 1C RANCH MILK	<sup>30</sup>

THIS INSTITUTION IS AN  
EQUAL OPPORTUNITY  
PROVIDER.

